

Leslie Fehling's

SKETCH YOUR LIFE! - 2 DAY CLASS
AN INTRODUCTION TO SKETCHBOOK JOURNALING
WWW.LESLIEFEHLING.COM



Get ready to learn, play, and grow in this jam-packed two-day workshop! It offers a fun-filled introduction to expressing yourself creatively through illustrated sketchbook journaling. You'll be treated to a show of inspiring pages from my journals, and I'll share the secrets to designing artful sketchbook pages filled with watercolor sketches, interesting page layouts, hand lettering, and decorative elements like borders and corner designs. Best of all, I'll offer clear guidance on how to organize and design pages of your own. Then the real fun begins! With pencil, ink and watercolor, you'll sketch and paint several pages in your own sketchbook using what you've learned. Before long, you'll be seeing your world through new eyes as you record the everyday things of life in your sketchbook journal.



Art Journaling

STUDENT EXPERIENCE LEVEL:
ALL SKILL LEVELS

DAY 1: MONDAY, JANUARY 29
DAY 2: TUESDAY, JANUARY 30
9:00AM-4:00PM

\$225 PER STUDENT. INCLUDES BOTH DAYS.

ALL ART SUPPLIES AVAILABLE FOR PURCHASE IN OUR RETAIL STORE



KEETON'S
Office & Art Supply

941-747-2995
keetonsonline.com
817 Manatee Ave W
Bradenton, FL 34205

Sketch Your Life! An Introduction to Sketchbook Journaling

at Keeton's Office & Art Supply

Instructor: Leslie Fehling

January 29-30, 2018

9:00 am – 4:00 pm

SUPPLY LIST

We'll be working in ink and watercolor in this workshop, and the supplies are flexible depending on your own personal preference. Here are some general recommendations:

- A sketchbook suitable for ink & watercolor. 140 lb. paper works well for watercolor. Choose hardbound or spiral bound. Size is up to you, but nothing smaller than 5.5" x 8.5". Here are a few brands that I use and recommend:
 - Stillman and Birn sketchbooks – Alpha, Beta, and Zeta series
 - Handbook Field Watercolor Journal
 - Pentalic Watercolor Field Book
 - Strathmore Windpower sketchbooks with 140 lb. watercolor paper
 - Strathmore Visual Journals (labeled "Watercolor")
- Practice watercolor paper or sketchbook (if you don't want to do practice exercises in your "good" sketchbook)
- Pencil and kneaded eraser and/or white retractable eraser
- Pen with waterproof ink, such as one of the following...
 - Faber-Castell Pitt Artist's Pen, size S or F
 - Sakura Pigma Micron pen. I like sizes 01 and 005.
 - Platinum Carbon Desk Fountain Pen with Platinum Carbon black ink cartridges
- Watercolor paints
 - I recommend artist's quality tube watercolor paints squeezed into a palette. Daniel Smith, Winsor & Newton, and Holbein are among my favorite brands. Color selection is entirely up to you.
 - I tend to carry the following colors in my palette:
 - Hansa Yellow Medium
 - Cadmium Yellow Medium
 - Raw Sienna and/or Yellow Ochre
 - Quinacridone Gold
 - Permanent Alizarin Crimson
 - Winsor Red
 - Permanent Rose
 - Quinacridone Violet
 - Shadow (American Journey) or Moonglow (Daniel Smith)
 - Ultramarine Blue or French Ultramarine
 - Cerulean Blue
 - Cobalt Blue
 - Cobalt Teal Blue
 - Pthalo Blue or Marine Blue
 - Hooker's Green or Sap Green
 - Olive Green
 - Burnt Umber
 - Burnt Sienna
 - Payne's Gray

- Palette

I prefer Alvin Heritage watercolor palettes with 18 wells, filled with tube watercolor paints.

If you're just starting out with watercolors, a smaller travel palette pre-filled with paint would work well for the class. Here are a few possibilities:

Winsor & Newton's Artists' Watercolor Field Box Set

Winsor & Newton's Cotman Watercolor Compact Set

Winsor & Newton Pocket Plus set (very compact, but not much mixing space)

Sakura Koi Watercolor Pocket Field Sketch Box

Sennelier French Artists' Watercolor Half Pan Metal Pocket Box

There are many others that are fine, too, but these are the ones I have experience with.

- Brushes

Watercolor brushes, synthetic or sable. Bring whatever size you like to work with.

Suggested sizes: Rounds: #2, 4, 6, 8, 10 Flats: 1/2"

- Other optional drawing supplies such as felt-tip pens, compass, or ruler

- Miscellaneous supplies for painting such as water container, tissues, paper towels, hair dryer

ITEMS TO BRING FROM HOME (to sketch during class):

1. Two items that have meaning to you, that you could build a journal page around. This could be your grandmother's antique watch, your child's old baby shoes, a mug you bought in Tuscany, a vase you've had since you were a newlywed, or anything that you have a special attachment to.

2. Some fruit or vegetables. We'll be drawing the produce from different angles or in different stages. For instance, an apple could be drawn whole, quartered, cut crosswise, or eaten down to its core. Or strawberries could be drawn from different angles (top, bottom, and side views).

AND/OR Bring your favorite snack. It could be a Snickers bar, a bag of pretzels, a cookie, or even something healthy like carrot sticks!

3. A favorite quote about art (or anything else!) I'll have a list of art quotes you can select from, but you'll be free to choose any quote you like, to include on a sketchbook page.

QUESTIONS? Contact Leslie Fehling at lfehling@gmail.com or 724-627-8044.

To see samples of my sketches and watercolors, stop by my blog at www.lesliefehling.com.